

EVALUATION OF THE "OUT

Which the following competences did you develop

communication in mother tongue
practical skills (e.g. Planning and organising, project management..)
analytical skills
sense of initiative and entrepreneurship
learning to learn
interpersonal and social competences
emotional skills
cultural awareness and expressions

Professional development: tha

I have learned from good practices abroad
I have gained practical skills relevant for my current job and professional development
I have experimented and developed new learning practices/methods
I have shared my own knowledge and skills with learners and/or other persons
I have increased the quality of the projects I develop
I have improved my competences in the use of ICT tools
I have enhanced my organisational/management/leadership skills
I have reinforced or extended my professional network or built up new contacts
I have reinforced the cooperation with the partner organisation
I have built cooperation with players in the labour market
I have built cooperation with players in civil society
I have increased my job satisfaction
I have enhanced my employment opportunities

The project might have also affected you as an individ the following effects did the participation in the

I have increased my social, linguistic and /or cultural competences
now participate in social and political life
am now more interested in European topics
I have become more aware of common European values
am now more aware of Europe's multiculturalism

now feel more European than before
I have become more aware of how important foreign language skills are for my development
n the future, I will be more committed to the inclusion of disadvantaged people
am now committed to work against discrimination, intolerance, xenophobia or racism
have established contacts with people in other countries

Globally, did your participation in
in terms of professional development
in terms of personal development

How satisfied are you with your youth w

This evaluation table has been worked out based

Martin Frolík, chairman of Eu

INSIDE THE BOX" PROJECT

most by participating in this Erasmus+ activity?

strongly agree	rather agree	neither nor	rather disagree	strongly disagree
2	5	5	4	3
10	7	1		1
6	8	3	1	1
11	4	3	1	
13	4	1	1	
13	5		1	
9	7	1	1	1
15	4			

thanks to this mobility activity...

strongly agree	rather agree	neither nor	rather disagree	strongly disagree
11	6	2		
11	4	4		
10	6	2	1	
12	6	1		
6	5	5	1	1
8	7	3	1	
7	8	2		1
12	5	1	1	
9	5	5		
3	7	6	1	2
4	6	8	1	
6	9	4		
9	8	1		1

individual, beyond the professional dimension. Which of the project have on your personal development

strongly agree	rather agree	neither nor	rather disagree	strongly disagree
15	3	1		
7	3	8		1
9	8	2		
14	5			
15	4			

11	4	3	1	
15	2	2		
10	6	3		
11	6	2		
14	4	1		

the activity meet your needs...				
strongly agree	rather agree	neither nor	rather disagree	strongly disagree
13	3	2		1
14	3	1	1	

workers mobility experience in general?				
very satisfied	rather satisfied	neither nor	rather dissatisfied	very dissatisfied
14	3		1	1

on the participants' reports after the mobility.

roteam Czech Republic, z.s.

2,95

4,32

3,89

4,32

4,53

4,68

4,16

4,79

4,205

4,47

4,37

4,32

4,58

3,58

4,16

3,89

4,47

4,21

3,42

3,68

4,11

4,26

4,117

4,74

3,79

4,37

4,74

4,79

4,32

4,68

4,37

4,47

4,68

4,495

4,42

4,58

4,47